[This “Self-Help” guide gives you the information (such as telephone numbers, websites, addresses, etc), just let your fingers do the walking.
How to Use this Guide

This guide uses a “Self-Help” format—meaning we give you the information (such as telephone numbers, websites, addresses, etc), and you let your fingers do the walking. At the beginning of each section is a description of the types of services and a list of helpful hints. Free internet access is available at any public library. If you don’t have access to a phone or a computer, there are a number of agencies and drop-in centers that will allow you to use the phone to call for referrals. Your parole agent may be able to help, as well. Because resources in the community are always changing and need to be updated frequently, only a few of these guides are initially available in print. This guide is a “Living Document” which means that it is being regularly updated.

If there is a service not provided or you want to find an alternative option 211 LA County: Dedicated to providing guidance, advocacy, and 24 hour seven days per week access to a range of human services to the people of Los Angeles County. For more information or to access their services, visit http://www.infoline-la.org or call 211.

Tips for Accessing Services

While it may at first seem very challenging to navigate the system, especially if you’ve never attempted to seek out services on your own, do not be discouraged. Keep trying until you find what you need. Sometimes it is helpful to write down a list of all the things you need before you begin. That way you can have that list handy when you make a call to a service provider. It helps them to help you when you are organized and know what it is you are looking for. Also, be patient and use good etiquette when calling or walking into the offices of a resource in the directory; this means being as courteous as possible and speak in a nice tone—use please and thank you. Although you might not be in the mood to be nice, and even when the person on the other end is being rude, this approach will get you a lot farther. Remember, everybody has bad days. Most people want to help, and many will go out of their way when they see that you are sincere and ready to do what is needed. Your positive attitude is the most important part of the process!

Disclaimer about this Document

This is a living document which means addresses and phone numbers are always changing. If you find a phone number disconnected or a resource address has changed please notify case management as soon as possible so we can make the appropriate changes. This will save others who return home after you from wasting time and energy! We appreciate your cooperation!
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Contacting your Parole agent or office should be your first priority. If you are released on a weekend, be sure to go first thing Monday morning. Make sure you check in with the officer of the day. Parole can also provide you with an identification sheet to assist you in obtaining documentation or medical records. **Make sure to ask about it!**

**Midtown Unit Office:**  
(323) 238-1600  
2444 S. Alameda St. 1st Floor Los Angeles Ca 90058

### What Parole Provides

**TRANSFERS**
You can put in for a transfer immediately upon your release unless the Board of Prison Terms has restricted you to LA County for a period of time. It usually takes 2-3 months for your transfer to go through from the date you put in your request. Unless you are moving because of work you are only allowed to move in with immediate family (pending parole approval by that other county) which means – spouse, children, parent or siblings. Please contact Julia once you have put in your request so she can make sure your transfer goes through in a timely manner.

**PASSES**
Passes are given on a case by case basis and at the discretion of your local parole office.

**FRANCISCO HOUSE RELATIONSHIP TO PAROLE:**
Following your parole conditions is your responsibility and between you and your parole agent. We are not involved with parole at all, other than to provide assistance or act on your behalf should there be a problem with your parole officer or the department concerning passes or transfers.
Birth Certificate

The process of documentation can go smoothly or be a frustrating process. The first step is to obtain your birth certificate. With your birth certificate you can get a California ID or Driver’s License and with BOTH you can get your Social Security Card.

The state you were born in has control over your birth records, and they maintain the master records and can reproduce authorized, certified (stamped with state seal) copies for a processing fee (usually discounted for 2nd and additional copies required). Normally, requests for birth certificate copies are handled through the mail. Check with your local state government office for instructions and notice of fees. By doing it yourself, you will save the money that 3rd party birth certificate companies charge for performing this service. It might take you 30 minutes to do, but it will save you $15-$50 from paying additional fees. For those born in California the following is the information of where to obtain your birth certificate:

Vital Statistics Office
California- (916) 445-2684 www.vitalrec.com
313 N. Figueroa St #1 Los Angeles, CA 90012 Birth Certificate: $21 a copy-

Need help getting a copy of your birth certificate? The good news is that it is easy to get a birth certificate from any state. A host of companies have businesses set up that do nothing besides interacting with the proper state agencies, transmitting the required information for obtaining a certified, authorized copy of a birth certificate, and then sending that certificate right to your home or office. To avoid transmitting personal data over the internet, most of them require you to fill out forms and then FAX them in for processing. The bad news is that you can't get a free birth certificate online - since there are state processing fees and shipping fees, there is always a cost, ranging from about $25-$100 or more. All of the online birth certificate companies charge a fee for their services. Some do not provide birth certificates for certain states, like Connecticut, Iowa, New Mexico, or Hawaii. Be sure to confirm that your desired state is covered. For example, www.VitalCheck.com charges $12-$18 for an authorized, certified copy of a birth certificate, depending on the state. There is normally a processing and shipping charge as well, around $5-$7. They have access to records from all states, so you can get a California birth certificate, a Texas birth certificate, or a New York birth certificate, no problem. www.USBirthCertificateBureau.com provides a similar service with a $25 service fee, making them a little cheaper that some of the others. If you elect to use
an on-line service, its important to shop around.

**California ID/Driver’s License**

Go to your local DMV office to get an application for a driver’s license or identification card. You will be required to fill out an application and provide your social security number. The nearest DMV location is:

**Los Angeles DMV Office**

(800) 777-0133
3615 S. Hope St., Los Angeles, CA 90007

For other locations: **Call 800-777-0133 (off the record we heard Inglewood DMV can be more helpful and faster than others nearby).**

For faster service at the DMV it helps to make an appointment in advance, either online, or by calling 1-800-921-1117 or 1- 800-777-0133.

**Items needed for your Identification Card or Driver’s License**

Complete a Driver’s License or Identification Card Application form located at the DMV. To obtain this form by mail, call DMV’s automated phone service 24 hours a day, 7 days a week at 1-800-777-0133. Present an acceptable birth date/legal presence document. Only the original or a certified copy of one of the following documents is acceptable:

- Federal Proof of Indian Blood Degree, INS American Indian Card
- Birth Certificate or passport issued from a US Territory
- US Passport
- US Military Identification Cards
- Certificate of Naturalization or Citizenship
- Permanent Resident Card
- Certification from California Department of Corrections or California Youth Authority
- Valid I-94 stamped "Refugee,"; "Parole or Parolee,"; "Asylee," or Section 207, Section 208, Section 209, Section 212d (2), HP or PIP

If you have questions about which forms or documents you need, call the
DMV. Pay the application fee: Cost $24-$28; Reduced Fee: $7 (if you qualify, **talk to your parole agent about getting a voucher**); Senior Citizen (age 62 or older) Free.

**Social Security**

Visit the website www.socialsecurity.gov, where you can find a lot of information about Social Security programs and locate your nearest office. If you do not have internet access call toll free at **1-800-772-1213**. Operators are available to answer specific questions from 7 a.m. to 7 p.m., Monday through Friday. There is also an automated phone service available 24 hours a day. (You can also use this system to change your address or request a replacement Medicare card.) If you are deaf or hard of hearing, call the TTY number, 1-800-325-0778.

To get your Social Security Card, go to your local office with the following documents:

**Proof of citizenship and identity**

If you are a U.S. citizen, Social Security must see your:
- U.S. birth certificate
- U.S. driver’s license, State-issued non-driver identity card or U.S. passport.

*If you are not a U.S. citizen, Social Security must see your current U.S. immigration documents. Acceptable documents from the Department of Homeland Security include your:
- Form I-551 (includes machine-readable immigrant visa with your unexpired foreign passport);
- I-94 with your unexpired foreign passport; or Work permit card (I-766 or I-688B).

Below is the nearest **Social Security Administration** buildings:

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<th>Street</th>
<th>City</th>
<th>State</th>
<th>Zip Code</th>
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<tr>
<td>1122 West Washington Boulevard #201</td>
<td>611 W 6th St #600</td>
<td>Los Angeles, CA</td>
<td>90012</td>
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<tr>
<td>Los Angeles, CA</td>
<td>or</td>
<td>Los Angeles, CA</td>
<td>(877) 803-6308</td>
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<td>(866) 964-7401</td>
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**Department of Public Social Services (GR Office)**

www.ladpss.org 500 W. Temple St. Los Angeles, CA 90012

**General Relief (GR)** is a county-funded program that provides financial assistance to indigent adults who are ineligible for federal or State programs. An average GR case consists of one person, living alone, with no income or resources.

**CalWORKs**
1-888-393-5327 www.ladpss.org
DPSS 2855 E. Olympic Blvd. Los Angeles
(Offers cash aid to eligible families. The amount of assistance depends on the family size eligibility, and special needs. Income is also considered and in general services are available for families that have children in the home. Application can be made on-line or in person at the Department of Public Social Services (DPSS).

**Immigration/Naturalization Process**
Contact: 1-800-375-5283 https://egov.uscis.gov/cris/processTimesDisplayInit.do
(Ask case management for assistance)

**Transportation**

Getting around LA is probably one of the biggest causes of stress and frustration in your lives. You don’t necessarily need a car to get around but you will need to PLAN AHEAD, leave with plenty of time to get to your appointments and have the phone numbers of the people you would need to contact if something goes wrong. Be patient and be polite. It also helps to have plenty of change and one dollar bills. Look for route maps at the front of the bus that lists the stops. (Note: Sometimes the buses will be out.) Lastly, 2 offices offer bus tokens when they are available: GROW office and the GR office. (Note: Tokens go quickly so they are often out but it never hurts to ask!)

If you are signed up with GROW you can ask your GROW worker about getting a $75 monthly bus pass to get you around for job interviews. Other job readiness programs may offer something similar if you ask. You may have to prove that you were at interviews in order to be eligible each month and always keep transportation receipts for buses and trains!

**Los Angeles Metro**
(323) 466-3876 www.metro.net
(The public transit system in LA provides monthly passes for seniors/Medicare/disabled -$14- and vocational students -$36-)

**MetroLink**
(800) 371-5465 www.metrolinktrains.com
Amtrack Passenger Station
(800) 872-7245 www.amtrak.com

Metro Transportation Authority
(800) 266-6883
(assists commuters with bus and train connections)

Access Paratransit
(800) 827-0829 www.asila.org
(For those who have mild-severe mobility issues there is a FREE service called ACCESS that you can apply to that will provide transportation to and from important appointments. Ask your case manager for an application.)

City Ride
(213) 808-7433 www.ladottransit.com/other/cityride/
(transportation for elderly or disabled)

New Directions Travel
(888) 967-2841
(arranges travel for individuals with disabilities)

Immediate Needs Transportation Program
(323) 730-9199 www.metro.net.projects/imrr
First African Methodist Church 2270 South Harvard Boulevard Los Angeles, CA 90018
(Taxi coupons -$11 max per month; ~3 miles; Variable Value Vouchers: emergency travel to certain hospitals, shelters, correctional facilities etc. Transit tokens -$35 value max per month-)

Education

It’s never too late to better your education. The world is constantly changing and more and more people are going back to school at all ages. There are some programs that are free if you are on GR, make sure you ask. Most colleges and certification programs have financial aid offices. Make sure you are VERY CLEAR about the debt you will be acquiring. To learn more about financial aid on your own visit www.fafsa.ed.gov
Abram Friedman Occupational Center  
(213) 765-2400  www.afoc.edu  
1646 S. Olive St Los Angeles, CA 90015  -Free Classes for anyone on GR-  

Los Angeles Trade-Tech (LATTC)  
(213) 763-5560  www.lattc.edu  
400 W. Washington Blvd., Los Angeles, CA 90015  

InterCoast College  
1-877-227-3377  www.intercoast.edu  
175 E. Olive Ave., Burbank, CA 91502  

**FREE COMPUTER CLASSES – Tues & Weds from 6-8 p.m.**  
Seventh Day Adventist Church  
1135 Martin Luther King Jr Blvd, Los Angeles, CA 90037  
(323) 766-9889  

Pell Grant Information  
1-800-872-5327  http://www2.ed.gov/programs/fpg/index.html  

**College Scholarships.org**  
www.collegescholarships.org  
(This website is designed as a resource for people searching for money for college. It has tips and recommendations on applying for money, and a huge number of places to receive help, such as grants, loans, and scholarships.)  

**Free Application for Federal Student Aid**  
(800) 4-333-243  
(Federal Student Aid, an office of the U.S. Department of Education, ensures that all eligible individuals can benefit from federally funded or federally guaranteed financial assistance for education beyond high school. Call or visit their website to see eligibility requirements.)  

Federal and California state financial assistance for higher education requires proof of registration with the Selective Service System. However, if you did not register prior to the age of 26, you will need to contact the Selective Service System in order to receive a letter stating that you are not required to register. To receive such a letter from the
Selective Service System, please call 1-847-688-6888. Your call will be answered by an automated voice processing system. Please refrain from pressing any numbers, and an operator will soon come on the line to assist you.

You may also send a written request to the Selective Service System at P.O. Box 94638, Palatine, IL 60094-4638. Ask for a status information letter (http://www.sss.gov/PDFs/PrinterFriendly/status.pdf). You will have to describe, in detail, the circumstances you believe prevented you from registering and provide copies of documents showing any periods when you were incarcerated occurring between your 18th and 26th birthdays. If you are a non-citizen, you may be required to provide documents that show when you entered the United States. Please include your Name, Social Security Number, Date of Birth, and Return Address.

The benefit agency official handling your case, not the Selective Service, will determine whether you have shown that your failure to register was not a knowing and willful failure to register. The final decision regarding your eligibility for the benefit that you seek will be made by the agency granting the benefit (for example, for student financial aid, this would be the school's financial aid officer). In some agencies, an appeals process is available.

Men born from March 29, 1957 to December 31, 1959 were never required to register because the registration program was not in operation at the time they turned 18. The requirement to register was reinstated in 1980 and applies to all men born on or after January 1, 1960.

Health

While on GR you are eligible to apply for Healthy Way LA (a no cost health care service) at a nearby clinic. This will expedite your time for an appt once you get assigned a primary physician. Below is a list of low cost or free clinics. The most commonly used medical facilities nearest to the Francisco Homes is the Claude Hudson Clinic and the LAC-USC Hospital but you are free to shop around!

All facilities listed below take Healthy Way LA for additional general health services contact:

LA County Health Services
(877) 333-4952   www.ladhs.org/wps/portal
or
County Mental Health Services   1-800-854-7771

California Hospital Medical Center
(213) 748-2411   www.chmcla.org
1401 S. Grand Ave Los Angeles, CA 90015

Claude Hudson Comprehensive Health Clinic (extension of LAC-USC Medical Center)
(213) 744-3743
2829 S Grand Ave
Los Angeles, CA 90007

Good Samaritan Hospital
(213) 977-2121   www.goodsam.org
1225 Wilshire Blvd. Los Angeles, CA 90017

Hollywood Sunset Free Clinic
(323) 660-2400   www.hsfreeclinic.org
3324 W. Sunset Blvd. Los Angeles, CA 90026

John Wesley Community Health Institute
(213) 484-1186   www.jwchinstitution.org
522 S San Pedro St, Los Angeles, CA 90013

Saban Free Clinic
(323) 653-1990   www.thesabanfreeclinic.org
8405 Beverly Blvd, Los Angeles, CA 90048

T.H.E. Clinic
(323) 730-7099 #2   www.theclinic.org
3834 S. Western Ave, Los Angeles, CA 90062

Los Angeles County USC
(323) 409-1000   www.lacusc.org
1200 N. State St., Los Angeles, CA 90033

Umma Community Clinic
(323) 789-5610   www.ummaclinic.org
711 W. Florence Ave, Los Angeles, CA 90044

Queen’s Care Family Clinic   www.queenscare.org
As a faith-based organization, QueensCare strives to provide, directly and with others, accessible healthcare for uninsured and low-income individuals and families residing in Los Angeles County.
133 North Sunol Drive  
Los Angeles  
(323) 981-1660  
OR  
150 North Reno Street  
Los Angeles  
(213) 380-7298  

**Parish Nurse Office Hours** (we have a relationship with)  
Each day of the week nurses are available by way of mobile unit**

** See attached addendum for locations and times

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**No Cost Health Care**  
**Healthy Way L.A.**  
1-877-333-4952  
www.ladhs.org  
(call for assistance or apply on location)

**MEDI-CAL**  
1-877-597-4777  
www.ladpss.org  
DPSS 2855 E. Olympic Blvd. Los Angeles  
(Health care coverage for qualifying persons who live in California, who have income and resources below established limits. Eligible people are 65 or older, under 21 years old, certain adults between 21 and 54 years old who have a minor child living with them, persons who are blind or disabled, pregnant women, Persons receiving nursing home care, and certain Refugees, Asylees, Cuban/Hatian Entrants. Complete application online or in person at address.)

**MEDI-CARE**  
www.medicare.gov  
(Health Insurance for Americans ages 65 and older and younger people with disabilities as well as people with end stage renal disease. Application can be made online at the website above.)

**Health Insurance Premium Payment Program (HIPP)**  
1-800-952-5294  
(Medi-Cal recipients with serious illnesses may qualify for payment of insurance premium)

**Medical Transportation**  
**Angel Flight West**  
(310) 390-2958  
(888) 426-2643  
(air travel for medical treatment)
Should you need in-patient long term care/rehabilitation services and you are at USCLAC Hospital there is a contact for **low-cost housing should you have out of town family members who are in need of a place to stay**. Have them call: Rancho Los Amigos (562) 803-5233 and ask for a social worker to help them.

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### Senior Citizens

#### Supplemental Security Income (SSI)
1-800-772-1213  www.ssa.gov

#### In-Home Supportive Services (IHSS)
1-888-944-4477  www.ladpss.org

#### Food on Foot
(310) 442-0088  (Delivers meals for elderly/disabled)

### LA County Department of Community and Senior Services
(626) 927-5430  www.css.lacounty.gov

**Contact:** Priscilla Esquer, Community Worker
Prevention and Early Intervention Program (PEI) directed to seniors 55 and older that are dealing with any stress, depression, financial problems or death of a loved one. They offer 6-10 weeks of counseling or therapy for those in need. This is a free program, if the seniors do not have insurance they will not be turned away.

### Senior Housing

**THE PLAZA (Casa de Cabrillo)**
(213) 253-2667  www.centuryvillages.org
2001 River Avenue, Long Beach, Ca 90810
(Affordable Veteran Housing in a Service Enriched Campus Atmosphere
Century Villages at Cabrillo, Rent $395-$735 -based on income and unit size-)

**American Gold Star Manor**
(562) 426-7651  3021 Gold Star Dr Long Beach, CA
(Call for an application Studios for $295-$645 a month and one bed apts for $317-$717 depending on income level and unit size)

**Abode Communities**

**Crescent Arms (Fremont Bldg.)**
1709 West 8th Street
Los Angeles, Ca 90017
Office # (213) 483-2767
Contact: Michael Montenegro, Manager** (we have a relationship with them)
Single Apartments/Seniors only 62 and over – 30% of income
There is a wait list so get on it early for when you want to move out

**Morgan Place Apartments**
7301 S. Crenshaw Blvd.
Los Angeles, Ca 90043
Office # (323) 751-1354
Contact: Kevin, Manager
One bedrooms/Seniors only 55 and older – for those on SSI its $441 a mo
There is a wait list so get on it early for when you want to move out

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**Libraries**

“A library is a hospital for the mind.”

**Los Angeles Public Library, Central Office**
(213)228-7000 www.lapl.org
630 W. 5th St. Los Angeles, CA 90071

**Vermont Square Branch Library**
(323) 290-7405 1201 W 48th St, Los Angeles, CA

**Junipero Serra Library**
(323) 234-1685 4607 Main St, Los Angeles, CA

**Exposition Park Library**
Every library has computers you can access for free-internet use. You may have to wait for one if it's busy and sometimes they limit your time so others can get on. Ask if they offer free computer classes, many libraries do!

**Religious Communities**

**St. Cecilia Catholic Parish**  
(323) 294-6628  
4230 South Normandie Avenue  
Los Angeles, CA 90037

**Church of Christ**  
(323) 234-8212  
915 E. Martin Luther King Blvd., Los Angeles, CA 90011

**Cochran Ave Baptist Church**  
(323) 938-0141  
1304 S. Cochran Ave., Los Angeles, CA 90019

**Seventh Day Adventist Church**  
(323) 766-9889  
1135 Martin Luther King Jr Blvd, Los Angeles, CA 90037

**First A.M.E. Chruch**  
(323) 735-1251  
2270 Harvard Blvd., Los Angeles, CA 90018

**Zen Center of Los Angeles**  
(213) 387-2351  
923 S. Normandie Ave., Los Angeles, CA

**Wilshire Blvd Temple**  
(323) 388-2401  
3663 Wilshire Blvd., Los Angeles, CA

**Muhammad Mosque**  
(323) 292-9134  
5350 Crenshaw Blvd., Los Angeles, CA

**Masjid Omar ibn Al-Khattab**  
(323) 733-9938  
1025 Exposition Blvd., Los Angeles, CA

**Jehovah’s Witnesses**  
(323) 292-3400  
1610 W. Vernon Ave., Los Angeles, CA

**Housing**

Affordable housing is difficult to find in the greater Los Angeles area, but not impossible. Below is a list of different agencies and property managers who can connect you to specific apartment complexes or emergency/transitional housing referrals.
When you are ready to move on and are interested in staying in the city of Los Angeles please contact Julia for a referral.

**SRO Housing Corporation**  
(213) 229-9677  
354 S. Spring St, Suite 400, Los Angeles, CA 90013  
http://www.srohousing.org/  
Rental Office (213) 229-9365  
Social Services Resource Desk (213) 620-7146  
(SRO stands for single resident occupancy. This corporation is dedicated to providing housing to very low-income individuals in East Central Los Angeles).

**Skid Row Housing Trust**  
(213) 623-9730 x204  
108 East 5th Street, Los Angeles, Ca 90013  
Contact: Rachel Calderon-Bell** (we have a relationship with them)

**Abode Communities**  
(213) 629-2702  
http://abodecommunities.org/site/  
701 East 3rd Street, Suite 400 Los Angeles, California 90013  
**Current Openings:**  
Clark Residence** (we have a relationship with them)  
306 South Loma Street  
Los Angeles, Ca 90017  
(213) 484-1329  
(Single rooms with sink/toilet, shared bath & kitchen range from $280-$480)  
Proof of Income and Social Security Card with $30 money order for application  
$100 deposit required to hold room which goes toward first month’s rent  
5-year background check and interview

**A Community of Friends**  
(213) 480-0809  
www.acof.org  
3345 Wilshire Blvd., Ste. 1000 Los Angeles, CA 90010  
(Referrals accepted only through case managers- Call Atara for referral)

**Beyond Shelter**  
(213) 252-0772  
www.beyondshelter.org/home.html  
205 S. Broadway, Suite 608 Los Angeles, CA 90012  
(Specify that you are seeking permanent housing)

**LA Family Housing**  
(818) 982-4091  
www.lafh.org  
7843 Lankershim Blvd. North Hollywood, CA 91605  
(Specify that you are seeking permanent housing)

**LA Housing Authority**  
(213)252-2575  
www.hacla.org  
2600 Wilshire Blvd., 3rd FL, Los Angeles, CA 90057  
(Assistance with HUD/ Section 8)
LA Housing Partnership  
(213) 629-9172  
www.lahousingpartnership.com  
1200 Wilshire Blvd #307 Los Angeles, CA 90017

Long Beach Multi-Service Center  
(562) 733-1147  
1301 W. 12th St Long Beach, CA 90813  
(Call for permanent affordable housing assistance)

Yorkshire Apartments & Hotel** (we have a relationship with them)  
(213) 612-0348  
710 South Broadway Los Angeles, CA 90014

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Job Development

To maintain your GR benefits you must be involved in a job readiness program unless you are applying for disability. GR offers a 3 week in-house job readiness programs called GROW and is designed for any individual on GR. However, it is highly recommended that you request from your GROW case worker to be moved to ONE STOP which will make you eligible to attend the NEW START program at the Worksource Center and still maintain your GR benefits. This program is designed specifically to help individuals with a felony be prepared to find work. Once you get your ID and Social Security card you can register for their orientation. Their program is a 2 week job readiness commitment then you get assigned a caseworker to help you find work. This caseworker MUST send in a monthly report to your GROW caseworker to prove that you are attending the NEW START program at the WorkSource Center otherwise they will discontinue your GR benefits. Please make sure you’re GROW
caseworker is on board with you being in the **ONE STOP** program and knows the procedures for giving you credit.

**General Relief Office (Metro Special Location)**  
(866) 613-3777  
2707 S. Grand Ave, Los Angeles, CA 90007

**WorkSource Center**  
(323) 730-7937  
3965 S. Vermont Los Angeles CA

**The Chrysalis Foundation**  
(213) 895-7777  
www.changelives.org  
516 S. Main St., Los Angeles, CA

**Hire Network**  
www.hirenetwork.org  
(National directory of employment services geared towards those reentering the community from prison.)

**The Next Step**  
www.thenextstep99.com  
(Provides quality job opportunities to motivated ex-offenders.)

**Work Smart**  
www.worksmart.ca.gov  
Labor Market Information Division (916) 262-2162  
(Internet application designed to offer entry-level job seekers assistance in employment)

**Century Community Training Inc.**  
(310) 673-3941  
www.centuryhousing.org  
5021 Lennox Blvd. Lennox, CA 90304  
(8-week construction training.)

**If you would like additional resources for on-line job searching, materials on how to prepare for an interview, and read sample resumes ask your case manager for a JOB RESOURCE MATERIALS packet…there is lots of helpful information in there to read!**
Inner City Law Center  
(213) 891-2880  www.innercitylaw.org  
1309 E. 7th St., Los Angeles, CA 90021  
(Provides legal service regarding government benefits)

Public Counsel  
(213) 385-9089  601 S. Ardmore Ave Los Angeles CA 90005  
(Pro bono attorneys who assist low income people)

Center For Health Care Rights  
(213) 383-4519  520 S. Lafayette Park Pl., #214 Los Angeles CA 90057

Los Angeles County Homeless Court Program  
(213) 485-5460  312 South Hill Street, 2nd floor, Los Angeles, CA 90013  
(Should you get a traffic ticket you can apply to this program for consideration of a waiver due to your low-income status. It can be a lengthy process due to their being backlogged and sometimes they can’t even review your case until after the ticket is due. Your case manager must fill out an application and write a letter of support on your behalf showing proof of your being in a transitional program. Must be in the program more than 90 days.)

Restitution Payments  
Contacts:  
   Customer Service in Sacramento #916.845.4064  
   Victims Compensation #916.324.1933  
When you get the right person to talk to about your case, you can work out a payment plan or you can write a hardship letter explaining why you can’t pay right now. Once you do start working there will be an automatic withdrawal every paycheck of what you owe. However, working it out ahead of time with the worker who is assigned to your case will enhance your chances of a reasonable amount being taken out. Make sure you get an understanding of all the additional fees (such as administrative fees) that get added on besides the base amount that you owe.(Ask your case manager to act on your behalf if needed.)

Back Child Support Payments  
Contacts:  
   Customer Service 1(866) 901-3212  
   www.childsup.ca.gov
Contact the state child support enforcement division. Provide necessary proof of your incarceration. Provide any necessary proof of your limited income and set up a payment plan.

### Additional Reentry Assistance

#### California Re-Entry Council Network

[www.calreentry.com](http://www.calreentry.com)

The California Reentry Council Network (CRCN) is a state-wide network of local reentry councils, roundtables or task forces composed of diverse stakeholders who work together to improve the policies and programs that affect people returning to their communities from jails and prisons. CRCN aims to increase the organizational capacity of reentry councils, roundtables and task forces, improve the participation of county partners in local reentry councils, and to maintain a network for ongoing communication and information sharing on successes and challenges of reentry policies and practices across the state.

There are currently 12 reentry groups representing 10 California counties involved with CRCN. If you are involved with a reentry group in California that is not currently a part of CRCN, please contact them for more information about how to join CRCN.

#### 2nd CALL (Chance At Loving Life)

(310) 916-1902  
P.O. Box 191476 Los Angeles, Ca 90019  
[www.2ndcall.org](http://www.2ndcall.org)

Contact: Skipp Townsend

Address topics such as: low self-esteem, gang reduction/intervention, domestic violence & anger, teen pregnancy prevention, substance abuse and chemical dependency, job readiness & retention

#### Fair Chance Project

(213) 746-4343  
3982 S. Figueroa St #210 Los Angeles, CA 90037  
[www.fairchanceproject.org](http://www.fairchanceproject.org)

Contact: Jimmie Thompson

#### F.A.C.T.S. (Families Against California’s Three Strikes)

(213) 746-4844  
3982 S. Figueroa St #210 Los Angeles, CA 90037  

Contact: Geri Silva

#### Friends Outside

(323) 249-9683  
1827 East 103rd Street Los Angeles, CA 90002  
[www.friendsoutsidela.org](http://www.friendsoutsidela.org)

#### Volunteers of America

(213) 236-0875  
544 South San Pedro Street Los Angeles, CA
www.voala.org

Human Potential Consultants  
(310) 756-1560 500 E. Carson Plaza Dr #127 Carson, CA 90746  
www.hpemployment.org  
(Provides parolees with employment preparation and vocation training)

Ex-Offender Action Network  
(323) 238-0445 4701 S Central Ave Los Angeles CA 90011  
www.exoffenderactionnetwork.org

Veterans Affairs  
(800) 827-1000 11000 Wilshire Blvd. Los Angeles, CA 90024  
www.va.gov

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Hotlines & Helplines

2-1-1 LA County  
(Dial 211 on any telephone, 24 hour hotline. Provides info & referrals in LA County.)

Alcohol Helpline  
(800) 334-0394  
(24 hour hotline for information, referrals and crisis interventions.)

Community Helpline  
(877) 541-2525  
(Confidential listening, assistance with loneliness, relationships, depression, grieving etc)

Hepatitis C Connection  
(800) 522-4372  
(Education and emotional support for patients living with hepatitis C.)

HIV/AIDS Hotline  
(800) 367-2437  
(Psychological and emotional support for patients living with HIV/AIDS.)

Be Sober Hotline  
(800) 237-6237  
(24 hour hotline dedicated to supporting individuals in their sobriety.)

Housing and Urban Development  
(800) 669-9777  
(Info on HUD program. Fair housing rights and responsibilities.)

LA County Health Services Information and Referrals
(800) 427-8700
(Information and referrals to county health services programs.)

**Suicide Prevention Center**
(877)727-4747
(24 hour hotline for crisis counseling and referrals.)

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### Local NA/AA Meetings

#### Alcoholics Anonymous
- (310) 474-7339  
  4311 Wilshire Blvd # 104, Los Angeles, CA 90010
- (213) 747-3273  
  1150 Venice Blvd, Los Angeles, CA 90015
- (213) 383-1016  
  3006 W 7th St, Los Angeles, CA 90005
- (323) 752-0668  
  647 W Florence Ave, Los Angeles, CA 90044
- (323) 750-2039  
  8752 S Broadway, Los Angeles, CA 90003
- (323) 777-9740  
  9604 S Figueroa St, Los Angeles, CA 90003

#### Narcotics Anonymous
- Cypress Park Meeting  
  929 Cypress Ave, Cypress Park, Los Angeles, CA 90065  
  Mondays @ 7 pm (at Youth & Family Center)
- Dope to Hope  
  130 W. BRUNO ST. Los Angeles, CA 90012  
  Tuesdays @ 6 pm (Home Boy Industries)
- Back to Basics  
  3421 E. Olympic Blvd Los Angeles CA 90023  
  Tuesdays @ 7:30 pm (BHS Center)
- Dope to Hope  
  130 W. BRUNO ST. Los Angeles, CA 90012  
  Thursdays @ 10:30 am (Home Boy Industries)
- Keeping It Real  
  5326 E. Beverly Blvd. Los Angeles ca. 90022  
  Thursdays @ 7:00 pm (Bienestar Human Services)
- Friday Recovery  
  5723 E. Whittier Blvd Los Angeles CA, 90022  
  Fridays @ 5:00 pm (MELA Counseling Services)
Financial Institutions

It is not recommended that you use large banks such as Bank of America, Chase or Wells Fargo. Previous individuals from the Francisco Homes have misused these banks and the home’s addresses are black listed. Large banks also charge more for their services and require you to keep larger amounts of money in your account. If you do bank with any of the above, **be sure not to use any of the Francisco Home addresses.** Instead, we recommend using **credit unions** which offer the same services but are more customer friendly. It is important that you **do your own research** online as to what financial institution will best suit your needs. Below are a list of several options for credit unions, if you so choose to go this route.

**Kinecta Federal Credit Union**  
(323) 733-3961  
1009 West Martin Luther King Junior Boulevard Los Angeles

**First City Credit Union**  
(213) 482-3477  
717 West Temple Street Los Angeles

**Pacific Resource Credit Union**  
(213) 621-7662  
333 South Hope Street C140 Los Angeles

**Small Business Support**  
[www.sba.gov](http://www.sba.gov)

The Small Business Administration (SBA) provides a number of financial assistance programs for small businesses that have been specifically designed to meet key financing needs, including debt financing, surety bonds, and equity financing.